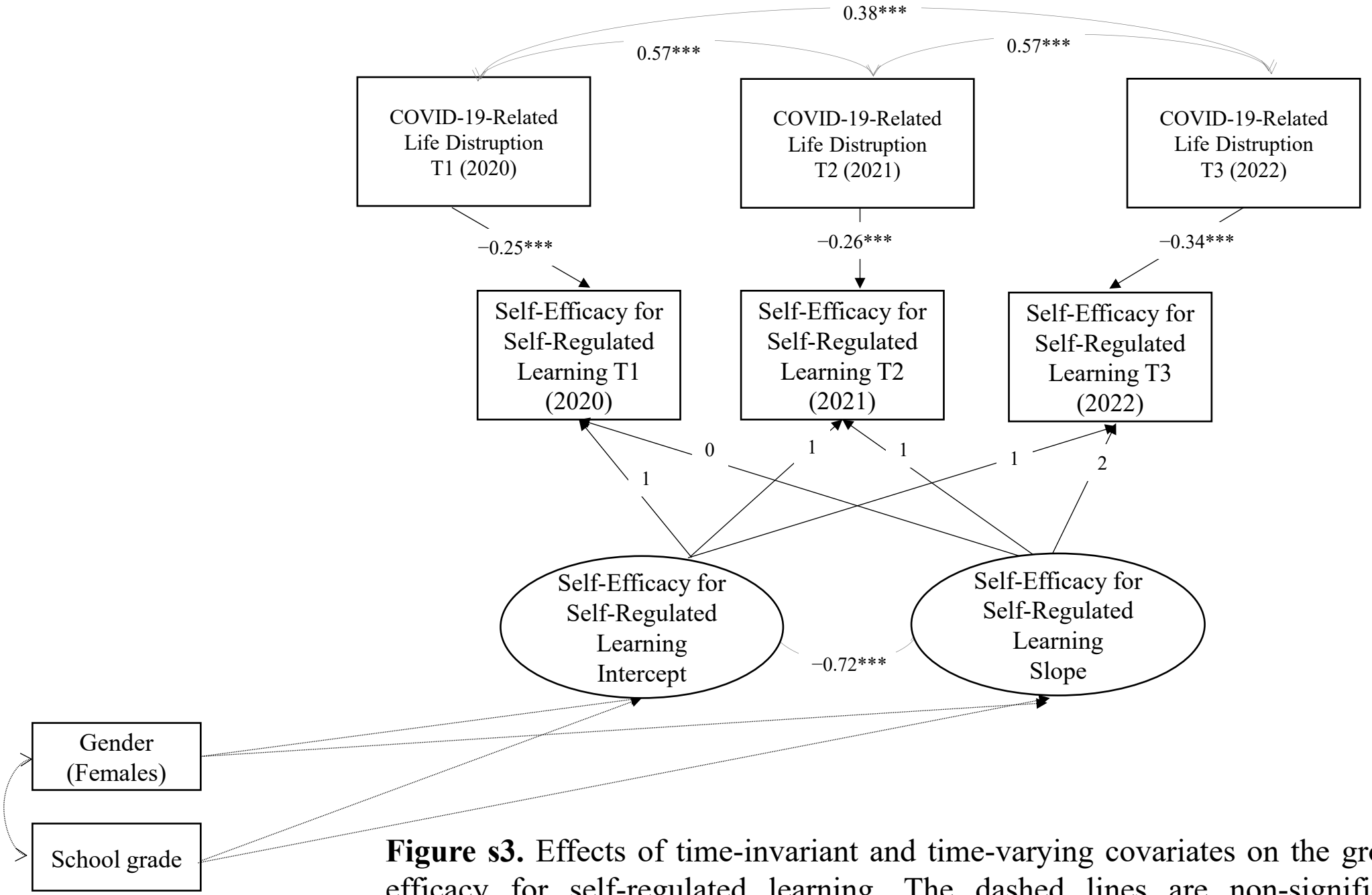



**Figure s3.** Effects of time-invariant and time-varying covariates on the growth curve of self-efficacy for self-regulated learning. The dashed lines are non-significant. Standardized estimates. ***$p < 0.001$. Findings obtained by applying the listwise deletion method (N = 102).